General House Rules Sports Center

General:

- Follow the staff's instructions at all times.

Sports halls:

- Do not enter the sports halls wearing outdoor shoes.
- Do not eat or drink in the sports halls, except for necessary food and water intake whilst exercising.
- lease dispose of any rubbish (separately) after finishing your workout.
- No glassware in the sports halls.

Stands:

- Food and drink are only permitted in the Struikhal stands and only if purchased from the catering facilities at the Sports Centre (Ballersz). Takeaway meals are not permitted.
- No glassware in the stands.
- No bringing your own (alcoholic) drinks.
- Please dispose of your rubbish (separated) when you leave.

Changing rooms:

- No food or drink in the changing rooms.
- Please leave the changing room clean.
- The Sports Centre is not responsible for loss and/or theft.