

# What you need to know about a the SPR as a Sport Association

Sports associations are a large and important part of the sports and exercise sector. Other providers of sports and exercise activities include commercial sports providers, such as fitness, squash and yoga centers, boot camp and water sports schools. Swimming pools and welfare organizations also often offer various sports and exercise activities.

This fact sheet specifically addresses the ins and outs of a sports association, with the goal of informing members of the SPR about what an association is, how a sports association is organized and what opportunities sports associations offer to bring people together.

## The (added) value of the sports association

A sports association, in this case the SPR, is a meeting place where members (employees and former employees of the University of Groningen and Hanze University) and volunteers come together.

The sports association also offers structure. Due to the regular, frequent offer of sports activities (training and open hours) but also the social cohesion within training groups, members are encouraged to continue to participate. Finally, there is the possibility within the sports association to do voluntary work, such as becoming a trainer or member of the SPR main board.

## The association and its volunteers

People who have the same passion for sport have traditionally done organizing and managing sports clubs. A sports association is characterized by the voluntary nature of the organization. A sports association has a board that determines the policy of the association. The board is held accountable to the members during the General Members Meeting (ALV). Each member of the association will receive an invitation to discuss the ins and outs of the association with the board during the ALV. Many sports clubs have committees that support the board with their activities. At the SPR, employees of the Sportcentrum arrange the support of the board.

## Finance

The membership fee is the main source of income for many associations. Other sources of income for the SPR include support from the University of Groningen and Hanze University. The finances will be an important agenda item of the associations over the coming years.

Source: kenniscentrum sport and financial rent agreements ACLO